

Our team

We are so grateful to have an amazing team of medical specialists at the Da Vinci Clinic, and as a patient you will no doubt see how we all work alongside each other, and share our skills to look after you. We too have challenging life experiences, so we know what some of you may be going through. Mr Adams' nurse, Nicola, suffers from rheumatoid arthritis – but it doesn't slow her down! In 2017 she ran the Everest Marathon after a three week trek to Base Camp, in 2015 she completed the North Pole Arctic Marathon in Greenland, at minus 30 temperatures. Next year? The NZ Full Ironman, with sights on a 150km cross country event in Finland. Nicola's 2020 run is the de Sables in Morocco, 260km! Why? She likes to push her body to the limits, and not be slowed down by her condition. Nicola is an ambassador for the Arthritis Foundation and regularly does talks for them in regards to running, motivation and women's health as well as fundraising and raising awareness. You can catch her talks at Rotary meetings and she recently spoke at BNZ, and the Wonder Woman talks in Tauranga. *Have a chat to Nicola next time you're in – we are so proud of her.*

NOT LOVING YOUR PROFILE?

Many people have double chins, most are not happy about them! Belkyra, by Allergan, is becoming increasingly popular for its simple and permanent removal of the sub-mental fat which forms your chin's twin, and our patients are loving the results. Have you been following along on our Instagram page, @davinciclinic_nz? If so, you may have seen that local social media influencer, Anna Reeve has been candidly sharing her Belkyra journey with her thousands of followers, so check it out too @annareeve_ particularly her highlights. Anna is part way through her injectable treatments which dissolve the fat, and has already had some great reduction to the roundness of her double chin. Stay tuned!

That's the message! If you're out there pounding the pavements and counting the calories, and not seeing the results, perhaps it's time to think a little more carefully about why that might be. Sometimes a cosmetic procedure is the answer. Some of our most satisfied clients are those who have made the decision to have a breast reduction, or tummy tuck – they just love the difference and the freedom afforded by those procedures to take their exercise to a new level, unencumbered by heavy breasts or excess belly fat. Talk to our Plastic Surgeons soon... these procedures have the best outcomes if you wear compression garments for a short period of time, which can be a bit more comfortable in the cooler months.

Summer bodies
ARE MADE IN WINTER



Dr Amy Stanway

SENTINEL NODE BIOPSY (SNB)



Mr Adam Bialostocki & Mr Brandon Adams

As you will be well-aware, the beautiful Bay of Plenty, has one of the highest rates of melanoma in the country. In order to ensure a swift diagnosis and without the added time constraints of travelling out of town, please be aware that Plastic Surgeons, **Mr Brandon Adams and Mr Adam Bialostocki**, both perform SNB at Grace Private Hospital under general anaesthetic. This surgical procedure is used to determine whether cancer has spread beyond a primary tumour into your lymphatic system, the sentinel nodes being the first few lymph nodes into which a tumour drains. See our Plastic Surgeons and our Dermatologist, **Dr Amy Stanway**, for your annual skin check, or if you're concerned about something now.

Breast Cancer Awareness Month

BREAST CANCER AWARENESS MONTH...

begins on October 1st

How are you going to support it? Have you thought about turning your work team Pink For a Day (men too!). Or, setting up a fundraising page and using your social media platforms to engage your followers. Stay tuned for what we do here at the Clinic... this is such an important cause for those affected by breast cancer in NZ. Visit www.breastcancerfoundation.org.nz for some great ideas.

SOUTHERN CROSS AFFILIATED PROVIDERS

If you're a Southern Cross Healthcare member, are you aware of the range of procedures you may be eligible for? We are:

- affiliated providers for skin checks and removal of skin lesions under local anaesthetic at our clinic, or removal under local anaesthetic, and sedation or general anaesthetic at Grace Hospital.
- affiliated providers for nipple tattooing, after breast reconstruction.
- affiliated providers for carpal tunnel consultation at our clinic, and surgery performed at Grace Hospital.
- ask us about other procedures too.
- we deal with all insurers, and will provide you with a letter to send on to your insurer for prior approval, after your consultation at the Da Vinci Clinic.



LATEST DEVELOPMENTS

Plastic Surgeons, **Mr Adam Bialostocki and Mr Brandon Adams**, recently attended the Australasian Society of Aesthetic Plastic Surgeons (ASAPS) & New Zealand Association of Plastic Surgeons (NZAPS) Combined Conference 2018. The focus of this was on providing attendees with a comprehensive scientific programme covering the full breadth of the cosmetic and reconstructive surgery fields. Mr Adams has been elected Vice President of the NZAPS. In October, **Mr Bialostocki** will attend the **ASAPS Breast Masters Symposium, in Sydney**. With breast augmentation as the number one cosmetic surgery procedure globally, the opportunity to be part of the academic and collaborative atmosphere of this scientific meeting, ensures you, the patients of Da Vinci Clinic, remain informed of the latest developments in breast surgery.

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ACC SURGERY

