

# SPRING *has* ARRIVED!

So please be cautious about exposing your face – and body! – when the ozone layer is at its' thinnest. It is essential to use a sunblock every day, even under makeup. The sunblock you use should contain Titanium Dioxide and zinc. We know it's tempting to get out in the sun after winter, just make sure you're protected.



**SPRING SPECIAL:** Buy a Skinnies Looks (light and dark tint for the face) and get a free 35ml Skinnies sungel SPF30. Ask our team!



## INFORMATION EVENING

### BREAST RECONSTRUCTION

Breast reconstruction information evening in association with **Tauranga Breast Cancer Support Services**. Our Plastic Surgeons will be on hand to talk about this life changing procedure.

**TUESDAY 12TH SEPTEMBER**

**5.45PM – 7.15PM**

**RSVP BY 8TH SEPTEMBER**

## MORE OPTIONS FOR CHINS!

*Do you have what you consider to be unwanted fullness, or fat, under your chin?*

A "double chin" is a particularly common condition which may cause self-consciousness or lead to unhappiness with your profile and general appearance. **Chin up** - you can effectively reduce this fat, non- surgically! We're excited about soon being able to offer treatments to double chins using FDA approved Belkyra, by Allergan. This is a series of injections to 'melt' away sub-mental fat (double chin). It is already being widely used in the USA and Australia, with a significant uptake in males. The treatment can be used for people of all ages. Talk to us about this fantastic new option, and find out if Belkyra is right for you.

**\*MiniCool – CoolSculpting for chins – is another treatment option, and will also be discussed with you.**





## DO YOU HAVE BREAST IMPLANTS?

**MR ADAM BIALOSTOCKI AND MR BRANDON ADAMS** are seeing an increasing number of women who are choosing to revise the size of their breast implants, or to remove their implants and have a breast lift. The reasons behind this are varied – a change of heart, a desire for a different size or shape, because they have become firm and uncomfortable over the years (15-20+ years), for example.

If you wish to discuss these options with our Plastic Surgeons, we welcome your call. Now is the perfect time to reduce the effects winter has left on your skin. Skin peels have been available for many years, and you may associate them with harsh, painful treatments which leave people scurrying for cover, applying soothing creams and literally peeling layers of skin. Thankfully there have been

vast improvements. A TCA (trichloroacetic acid) peel is a medium depth peel, designed to gently address tired, dull skin, pigmentation, fine lines and uneven skin tone. The depth of the peel – which is determined by the area being treated – can be controlled by using a lower or higher percentage of the TCA. Our specialist nurses regularly perform this treatment, overseen by our Dermatologist, **Dr Amy Stanway.**

## OUR EYES TELL A STORY

**IT'S OFTEN SAID THAT OUR EYES TELL A STORY**, but if yours look like they've got too many to tell, perhaps a blepharoplasty is what you need. This is a very popular procedure, performed either at our clinic under local anaesthetic, or Grace Private Hospital under general anaesthetic. Excess skin is removed from the upper or lower eyelid – or both – rejuvenating and restoring a more youthful look. Sometimes a brow lift will achieve the desired effect and speaking with our Plastic Surgeons will determine which you need. Down time is around five days, and blepharoplasty is sometimes covered by medical insurance if eyesight is impaired. Mr Brandon Adams recently attended the NZ Association of Plastic Surgeons meeting in Queenstown where there were interesting discussions on lower lid blepharoplasty regarding both surgical solutions, and the use of dermal fillers and Botox®. *Let us know if you'd like to discuss your options further.*

### SKIN HEALTH BENEFITS OF VITAMIN B3



With the prevalence of skin cancer and melanoma in our country, there is an ongoing energy required in order to continue to make inroads into effective treatments. But how about prevention, doing as much as possible to ensure we do not develop skin cancers in the first place? Recent evidence has provided an additional tool in the fight against skin cancer – Nicotinamide, an active oral form of Vitamin B3 which has shown significant reduction in skin cancer. **This is available to purchase at reception.**



## NON-SURGICAL NOSE JOBS

**IF YOU DON'T LIKE THE SHAPE OF YOUR NOSE, BUT AREN'T READY TO UNDERTAKE RHINOPLASTY - SURGERY TO CORRECT ASYMMETRY, SIZE OR EVEN FUNCTION OF THE NOSE - READ ON!**

This is an increasingly popular procedure where dermal fillers are used to reshape the nose.

The injections of small amounts of hyaluronic acid just below the bridge of the nose, can straighten out bumps and camouflage asymmetry. The 'liquid nose job' has been a well-kept secret but people are asking for this more and more, enjoying the result, the fact it does not require surgery, and the price.

*\*Fillers cannot shrink a nose that is too heavy or has a boxy tip, hide a large hook nose or help someone with breathing problems.*



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For appointments call 07 578 5350. To find out more and to enrol to our newsletter please email us at [reception@davinciclinic.co.nz](mailto:reception@davinciclinic.co.nz)



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