



Welcome TO 2017

As your chosen skin care health professionals, we are delighted to bring you the latest news in dermatology, plastic surgery, appearance medicine and more. Remember to check in to our News blog on our website too. If you're a new patient, did you know that we offer comprehensive, head to toe skin care? Our plastic surgery and dermatology team is skillfully assisted by specialist nurses, including a highly talented appearance medicine team offering the latest techniques in subtle, youth enhancing procedures.

MEET THE SPECIALISTS



Our appearance medicine team...



Nicky and Nicole are skilled in the art of refreshing and rejuvenating your skin with subtle injectable treatments, using Botox® and dermal fillers which are carefully selected for their safety and efficacy. New patients enjoy the benefits of having their treatment plan overseen by our Plastic Surgeons. Our specialist nurses work so closely with our specialist doctors, resulting in an exceptional level of injecting techniques. *Nicky and Nicole are available for appointments every day except Tuesday.*

Dermatologist, **Dr Amy Stanway**, has a special interest in working with children and youth skin conditions, but her practice is made up of a mixture of all ages – skin conditions including skin cancer, can and do occur at any age and do not discern between gender, ethnicity or socio-economic grouping. A dermatologist's work is concerned with skin cancer, skin conditions such as psoriasis, eczema, acne and a myriad range of other skin conditions. Plastic surgery also includes specialising in skin cancer, procedures associated with

the comprehensive care of advanced skin cancer including melanoma such as sentinel node biopsies, and of course cosmetic and reconstructive surgery for the face and body. **Mr Adams** and **Mr Bialostocki** spend around fifty percent of their time working with skin cancer, the rest is dedicated to their special interests in plastic surgery. While both Plastic Surgeons perform a full range of procedures. Mr Bialostocki has a special interest in all areas of body contouring, breast surgery and melanoma, and Mr Adams in facial cosmetic, head and neck surgery and melanoma.

Double chin? Check this out! coolsculpting



Double chins can become apparent as we age, or, this can simply be part of the shape of your face. Guess what? Double chins can now be reduced with the number one, non-invasive fat reduction treatment, CoolSculpting®. This state of the art, fat freezing technology has fantastic results, and we are seeing more and more patients thrilled with their new, more youthful look. *Make an appointment for a free consultation with our specialist nurse. We offer an attractive introductory offer for bookings made on the day of your free consultation.*

coolsculptingdavinciclinic.co.nz



COVER UP!

We offer two choices of excellent, family friendly sun protection, chosen for their sheer textures and the ability for those with problem skin to use them as well. Protecting your skin from the sun, is the best anti-ageing advice we can give you.

Skinsnies \$34; Tinted Skinnies \$38; IS Clinical \$80

Could that be a skin cancer?

If in doubt, check it out!
And remember a few facts...

- Having olive or darker skin does not protect you from skin cancers.
- You can burn on a cloudy day; that 'windburn' is actually sunburn on a windy day.
- Sunbed use increases your risk of skin cancers.
- 11 people a day are diagnosed with melanoma each day in NZ.
- If you were born in the 1960s, you are more at risk of developing skin cancer, including melanoma, due to the high exposure to the sun by that generation.
- Anyone who has had one squamous cell carcinoma has an increased chance of developing another, especially in the same skin area or nearby.

If you notice a change to a skin spot, rest assured, we will always make an urgent appointment available for you.



VITAMIN B3 AND SKIN CANCER?

Australian researchers recently released the results of a study revealing that Nicotinamide, a form of vitamin B3, significantly reduces the incidence of nonmelanoma skin cancers among people who have had a previous basal cell carcinoma or squamous cell carcinoma. The researchers conducted a year-long study of 386 people, who averaged 66 years old. Half of the people in the study took 500 milligrams of Nicotinamide (Vitamin B3) twice a day and the other half were put on a placebo. The researchers found that people who took vitamin B3 twice a day cut their chances of developing new skin cancers by 23 percent. So, a simple oral dose of an active form of Vitamin B3 may be the secret to stopping people with a significant sun damage from developing some forms of skin cancer. Of course the best way to prevent skin cancer is to protect skin from sun damage in the first place, do not rely on Vitamin B3 alone. Please continue to seek shade and if you're in the sun, apply and reapply sunscreen, wear a wide brimmed hat, and sunglasses.



SMART PHONE USER?



Install the FindUs app on your phone and you can scan and save details to your phone!



Scan with FindUs App
Da Vinci Clinic



We also accept Visa and MasterCard

LOVE OUR NEWSLETTER? Tell your friends to subscribe via our website!



For appointments call **07 578 5350**. To find out more and to enrol to our newsletter please email us at reception@davinciclinic.co.nz



ACC SURGERY

