

EYE THIS ONE UP

A very popular procedure performed by our Plastic Surgeons, is **upper blepharoplasty**, the removal of the loose fold of drooping skin which occurs due to aging or hereditary factors. Leaving eyes looking fresher, rejuvenated and more youthful, this procedure can be performed at our clinic under local anaesthetic in about an hour, and have you back to work in five days. **Medical insurers sometimes contribute to surgical costs for members with functional associated problems.*

Welcome TO OUR

Summer News

Latest knowledge and techniques

Our team of medical specialists and our specialist nurses, regularly attend conferences and the very latest training seminars, in order to ensure we are up to date with current information available in dermatology, plastic surgery and appearance medicine. This ensures that we are able to inform our valued patients of what is available, and to offer the most modern treatments for specific desires. One of our Plastic Surgeons, **Mr Brandon Adams**, has just returned from the 2016 ISAPS congress in Kyoto, Japan. The International Society for Aesthetic Plastic Surgery has 3200 members from 103 countries and aims to expand knowledge about aesthetic surgery. The congress was held over four days in the beautiful city of Kyoto. The conference included world leading Plastics Surgeons Mr Adams attended lectures and masterclasses on rhinoplasty, facelift, breast augmentation, labiaplasty, and liposculpture including the Brazilian butt lift. A particular focus of the conference was aiming for excellent results with the highest standards of patient safety.



Who to have your skin checked by

Talking amongst your friends, family, work colleagues and others, you will notice that there are a wide range of options with regard to which medical practitioner to visit for skin checks. Because skin is dealt with by so many different specialties, making the decision who to go to is no simple matter. Basing it on a financial decision could however, be a false economy, as we learn that a number of medical professionals with less training in skin, adopt the 'when in doubt, cut it out' policy. Not everything needs to be removed.

So, who is qualified to diagnose, remove and treat skin cancer including melanoma?

While many people may choose to show their family GP a spot or lesion they are concerned about, experts say checks using only the naked eye

should not be relied upon. Skin should be examined using a dermatoscope, which combines a magnifier and a light source that reduces skin reflection. Dermatologists and plastic surgeons are extensively trained in the use of these instruments, they are their 'tools of trade'. Asking your GP just what their experience is with skin, can be uncomfortable. Consider finding out whether the person checking your skin is a Southern Cross Health Society affiliated provider. This gives you a gauge of how much skin treatment the practitioner is involved in. Take into consideration the aesthetic outcome too, which may be influenced by where the lesion is; will the scar be visible? In this instance, seeking the professional care of a dermatologist and Plastic Surgeon is your best option. **If in doubt, seek a second opinion.**



Have you had your annual skin check yet?



In with the cool crowd?

Have you experienced CoolSculpting or MiniCool yet? This fat freezing technology, the only one recognized by FDA standards, gets results! No surgery, anaesthetic, needles or downtime, you can freeze away stubborn areas of fat – including double chins – in no time at all. **Enquire now.**



coolsculptingdavinciclinic.co.nz



GET YOUR SKINNIES ON!

The perfect Christmas gift to show someone you care! SPF30 Skinnies Sungel is made in NZ, has no chemical nasties, can be used on infants and is a gorgeous base under makeup too. **\$34 for 100ml.**



SKIN CHECKS – YEAR ROUND!

Much has been made recently in the media of Australian Olympic swimmer **Mack Horton** being alerted to the change in a mole on his chest by an alarmed fan, for which he was very grateful. If you notice a change in someone else's skin, discreetly pointing this out, could save their life. While many people choose to have their skin checks during the cooler months when their skin is at its palest, please do make an appointment with our team to have yours checked annually, or if you notice a change to an existing freckle or mole, or a new or unusual looking spot, straight away.

CHRISTMAS HOURS: We will be closed for the statutory holidays only. As a patient, should you require medical attention, please phone us to be advised of our opening hours during this time.



Southern Cross
Health Society
Affiliated
Provider

SOUTHERN CROSS HEALTH INSURANCE

MORE FOR YOU!

Enjoy the streamlined process of no paperwork when you visit us for your health care. GA and IV sedation are now covered at Grace Private Hospital.

TRIPLE GOLD ★★ ★

We are delighted to give support to the **Tauranga Typhoons U12 Waterpolo team**, who collected a set of three golds at the 2016 national tournaments – the only team in the last ten years to have achieved this. Unbeaten in the last two of these tournaments, this skilled team of boys and girls, won the final at the Olympic Hopefuls Tournament, 2-1! **Congratulations Typhoons!**



Are you poor someone close to you suffering from acne? You don't need to! See our dermatologists for a solution to this painful and often embarrassing skin condition.

SMART PHONE USER?

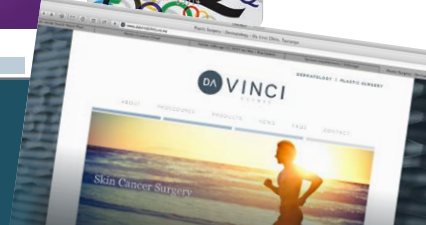
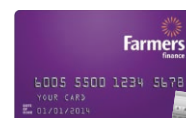


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For appointments call **07 578 5350**. To find out more and to enrol to our newsletter please email us at reception@davinciclinic.co.nz